

EXAMPLE OF AN INITIAL EVALUATION SOAP

S: Leo Smith is 3wks post R CVA. He reported no pain in arm throughout session, though he said his R arm felt tingly and twitched at night. He reported that he has two granddaughters who live with him and his wife, but he cannot care for them now. He is very ready to return to playing guitar for church. Client reported that he performs self-care activities well but struggles to put on jeans.

O: Client participated in 60-min initial eval session at outpatient rehab facility.

[Observations] Initial screening demonstrated flaccid hemiplegia of RUE-low muscle tone and limited AROM (only able to horizontally abduct his shoulder). Client had full PROM with some spasticity in fingers. Client also had weakness in RLE and limited ROM of ankle. Client's sensation intact.

Evaluation Scores:

COPM

- Caring for his granddaughters-performance 1; satisfaction 1
- Playing music for church and fun- performance 1; satisfaction 1
- Driving- performance 1; satisfaction 1
- Doing household chores (trash, dishes, feeding cats)- performance 4; satisfaction 4
- Work tasks- performance 5; satisfaction 4

DASH

- 39.1 (overall) –some impairment
- 68.75 (work)- moderate impairment
- 75 (performing arts)-severe impairment

A: *[Problem]* R flaccid hemiplegia impairs client's ability to perform bilateral activities such as caring for his granddaughters, playing guitar, pulling up jeans, and doing his freelance work. Limited motion in his RUE and limited ankle ROM of RLE prevent client from driving. DASH scores indicate some impairment during everyday ADLs and IADLs particularly those requiring two hands or lots of strength. DASH scores indicate moderate impairment of his work and severe impairment of performing arts because he plays guitar and is unable to strum with his right hand.

[Potential] Client demonstrates rehab potential by his ability to feel light touch and proprioception in his arm, by his positive attitude, and by having a strong social support system. His ability to complete activities with his L hand allows him to complete many ADLs and IADLs despite limitations.

[Progress] He has already demonstrated progress by regaining some movement in shoulder horizontal adduction since his stroke and some movement and weight-bearing in his R leg that allows for walking.

[Needs] Client would benefit from continued Occupational Therapy services to increase his participation in work, childcare, and music through adaptation of activities and through increasing his ability to use his RUE during bimanual tasks.

P: Continue tx 3/wk for 8 wks for skilled intervention to increase weight-bearing in RUE and RLE for driving, increase engagement of RUE during bimanual activities, increase AROM and strength of RUE through preparatory and occupation-based activities, and provide adaptive strategies for completing one-handed activities.

Referral for PT requested.

Re-evaluate COPM May 18.

Goals

LTG #1: C will play first verse of Amazing Grace on the guitar using adaptive pick and arm orthosis with set-up assistance by July 1, 2021.

STG #1: Client will play one verse of Amazing Grace on the guitar using adaptive pick and max A from his wife to move his R arm by third week.

STG #2: Client will successfully strum C then G cord using adaptive pick and arm orthosis 3/5 times by June 1.