

## EXAMPLE #2

7/7/01 2 p.m. (**S**) Reports counseling is not helping him get his family back. Insists the use of violence has been needed to “straighten out” family members. Reports history of domestic violence. Recent history: States he met and verbally fought with his wife yesterday regarding the privileges of oldest child. Personal history: childhood physical and mental abuse resulting in foster care placement, ages 11-18. (**O**) Generally agitated throughout the session. Toward the end of the session stood up, with clenched fists and jaw, angrily stated that counseling is “same old B.S.!” Rushed out of office. (**A**) Physical Abuse of Adult [V61.1 *DSM* code] and Child(ren) [V61.21]. Clinical impressions: rule out Intermittent Explosive Disorder given bouts of uncontrolled rage with non-specific emotional trigger. (**P**) Rescheduled for 7/14/01 @ 2 p.m.; Continue cognitive therapy. Refer to Men’s Alternatives to Violence Group. Next session, introduce use of “time-outs.” S. Cameron, Ph.D., LPCC (signature).